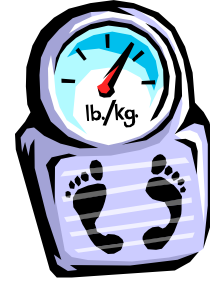




Weight Loss Challenge Testimonials

Just Say "No" to Gastric
Bypass Surgery



Name: Serphine G. (aka Sean)
From: Kapaa, Hawai'i

Why I joined the Weight Loss Challenge:

My weight was taking a real toll on my health. At 16 years old and at 353-lbs, I was very uncomfortable. My doctor was recommending gastric bypass surgery as a solution. I knew I had to get serious about losing my weight. I was doing walks every day and evenings, and it wasn't doing me any good. We came across the Weight Loss Challenge ad in the newspaper. I knew I had to take action.

How my life has changed:

Now that I'm on the Herbalife products, I pay more attention to my meal intakes daily and indeed, my urge for eating more has been annihilated. I've changed my eating habits and I don't crave the junk food anymore. I am clear on the importance of protein and how it keeps my hunger at bay. I've learned that the more metabolism you have, the better your weight loss will be. This has amazed all my relatives and friends. In just over 4-months, I've lost 125-lbs and went from a size 52" waist down to a 36" waist. My energy is to the moon!! I am a brand new "me" and now I can say "adios" to gastric bypass surgery!

My Favorite Herbalife product:

I must admit, the pies are Herbalicious. I'll someday attempt to try every single pie on the Herbalife list!

How the coaches helped me:

My coach, Kim S. has been there every step of the way to encourage me through this program. She has also taught me patience by showing me that losing weight is a "time-happening" thing. It'll happen eventually, but not always as soon as you expect it to. The program seemed so simple when she explained it. I can definitely say that the coaches are heroes, but Herbalife products are the real life-savers.



Sean's Before Picture
16 years old and 353 lbs.

Sean's Picture after
completing one WLC -
now at 227lbs - Amazing!



Sean's after picture - only
4 months and 10 days in
our program! A truly
outstanding story -
Congratulations!!



Sean has lost a TOTAL of 128 lbs