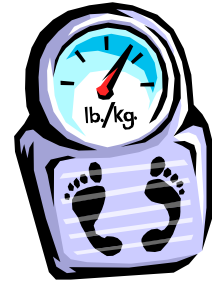




Weight Loss Challenge Testimonial



Name: Robert G

From: Plainwell, MI

Why I joined the Weight Loss Challenge:

I wanted to be in a supportive environment to further my weight loss goals. The weekly weigh-in kept me striving to lose weight and to keep trying to achieve my ultimate goals of being biggest loser and setting a new weight loss percentage record.

How my life has changed:

I have more energy and can remain active for longer periods of time. My knees and back no longer ache. I know that my blood pressure is lower, though I never had it checked before. I can take 30-75 mile bike rides now, where before I was struggling to go 4 miles.

My Favorite Herbalife product:

Formula 1 Shakes – Chocolate and Vanilla. “Belly Buster” shakes with Chocolate F1 tastes like a chocolate iced cinnamon roll. F2 Multivitamin, Cell Activator, TOTAL CONTROL, Herbal Concentrate Tea, Soy Nuts, DELUXE Protein Snack Bars – Citrus Lemon and Chocolate Peanut.

How my coach helped me:

My coach helped me to stay on track. Gave me tips to improve my weight loss. Helped me stay motivated in those times that the weight was not coming off as fast as I wanted it to.



Jan 2009 – 310#



Aug 24, 2009 – 210#



Oct 16, 2009 – 199#